

## USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 05-11-07)

Visit us at [www.fns.usda.gov/fdd](http://www.fns.usda.gov/fdd)

### B882 – PUDDING, CUPS, 50% CHOCOLATE & VANILLA, SINGLE SERVE, 3.5 OZ

<b>CATEGORY</b>	<ul style="list-style-type: none"> <li>Other Foods</li> </ul>
<b>PRODUCT DESCRIPTION</b>	<ul style="list-style-type: none"> <li>50% chocolate and vanilla pudding is shelf stable and packaged in a 3.5 oz ready-to-eat, single serve cup.</li> </ul>
<b>PACK/YIELD</b>	<ul style="list-style-type: none"> <li>48/3.5 oz units per case.</li> <li>Each individual unit provides 3.5 oz (by weight) of pudding.</li> <li>CN Crediting: This product does not meet crediting requirements for food-based menu planning for Child Nutrition Programs.</li> </ul>
<b>STORAGE</b>	<ul style="list-style-type: none"> <li>Store unopened pudding in a cool, dry place off the floor. For best quality, do not refrigerate or freeze or expose to direct sunlight.</li> <li>Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.</li> </ul>



### Nutrition Information

Pudding cups, chocolate & vanilla

	3.5 oz cup (99 g)
Calories	134
Protein	2.48 g
Carbohydrate	22.32 g
Dietary Fiber	0.50 g
Sugars	18.87 g
Total Fat	3.77 g
Saturated Fat	1.10 g
Trans Fat	N/A
Cholesterol	5 mg
Iron	0.32 mg
Calcium	88 mg
Sodium	131 mg
Magnesium	14 mg
Potassium	145 mg
Vitamin A	28 IU
Vitamin A	8 RAE
Vitamin C	0.90 mg
Vitamin E	0.14 mg



## USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 05-11-07)

Visit us at [www.fns.usda.gov/fdd](http://www.fns.usda.gov/fdd)

### B882 – PUDDING, CUPS, 50% CHOCOLATE & VANILLA, SINGLE SERVE, 3.5 OZ

<b>PREPARATION/ COOKING INSTRUCTIONS</b>	<ul style="list-style-type: none"><li>• Pudding is ready to eat once cup (unit) is opened.</li></ul>
<b>USES AND TIPS</b>	<ul style="list-style-type: none"><li>• Pudding may be used as a snack or dessert.</li></ul>
<b>FOOD SAFETY INFORMATION</b>	<ul style="list-style-type: none"><li>• Consume pudding upon opening.</li></ul>
<b>BEST IF USED BY GUIDANCE</b>	<ul style="list-style-type: none"><li>• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: <a href="http://www.fns.usda.gov/fdd/facts/biubguidance.htm">http://www.fns.usda.gov/fdd/facts/biubguidance.htm</a>.</li><li>• For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: <a href="http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf">http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf</a>.</li></ul>